

Marine Corps Exchange and Base Commissary

Family Fun Fitness and Healthy Living Event

17 May, 10 a.m.-2 p.m.
Open to ALL HANDS

Blood Pressure and Body Mass Index Check
Nutrition and Diabetic information

Naval Medical Branch Clinic

Department of Veteran Affairs

Marine & Family Programs Representatives

Yoga Instructor

Healthsource - Chiropractor

- Massage therapist

- Spinal checks

- Olympic Body Taping

American Legion Post 30

Tri-care Representatives

Fire Department Puppet Show

Car Seat and Bike Safety Info

Information, Tickets and Tours

High Intensity Tactical Training Demonstration
and Information (H.I.T.T.)

Semper Fit Display

Red Cross Blood Bank

Base Game Warden

The Commissary will be grilling.
Stop by for a free lunch.
*Check out their outside
specials.

*Commissary Family Fun Fitness Sale
(*authorized patrons only)